THE TIMES DAILY MAGAZINE PAGE

Few Years Should Be No Bar to Love

Woman's Fear That Her Seniority of Half Decade Will Interfere With Happiness is Only a "Mental Hazard."

The Chaperon: I am twentyfour years old and am desperately in love with a young woman of twenty-nine. I have begged her to marry me at once.
She thinks that five years is entirely too much difference in our
ages, since she is the older one.
She believes that this will interfere with our happiness in the
years to come. Of courae, it
doesn't make much difference at
present, because every one thinks
she is younger than I am.
Another fear she has is that
I will get over my love for her.
for she thinks a man can set
over his regard so much sconer
than a woman. However, if she
were the one who is twenty-four
and I her age, she would marry me in the morning.
Can't you tell me she is wrong?
A. R.

O YOU know anything about golf, A., R.? If you do, you know the meaning of a "mental hazard." If you "mental hazard." If you not, I will explain that a numof golfers become positively
itten by stage fright when they
a bunker or a gully ahead of
m. The bunker or the gully may
an easy enough shot, but the
ought of that obstacle in the way
enough to make them "slice"
ry time. And that is a "mental
ard." a harrier easily surmountd," a barrier easily surmount-but apparently a difficult shot.

Only a Mental Hazard. Isn't this difference between your ages, and all the trouble it has caused, a mental hazard? You have talked the matter over so often that it has assumed the propertions of an insurmountable barrier. You have become over sensitive about it, and you have no right to be so.

Five years? I shouldn't let that stand in the way of my happiness, if I were you. Five years, when no one knows that you are the younger of the two, and you love each other? It's, ridiculous to talk of speiling your lives just because of that fool-haunting mental hazard you have conjured into being.

I should never advise a marriage of age and youth, even though the man was the elder of the two. That question should not bother you. Why you two young folks are of the same decade, the same generation. There's not a thing to stand in your way.

You say that ne one knows that you see the younger. What's the heatter with letting them think that forever? Surely it isn't necessary to tell' all the world about it. If you don't care to have your marriage license published in the town papers, get married in one of the nearby Brates, and no one will be any the wiser.

Many Cases Successful. Isn't this difference between your

Many Cases Successful. As for her plea that men do not love as long as women-den't be afraid of that. Every woman in this world has voiced that same proud sentiment at least once in her career. It's part of feminine sanviction that's born with her sand conviction that's born with her and is likely to remain fixed forever. I only hope that you will succeed in proving your case about the ages, for I have known numbers of cases where the woman was at least five years older than her husband and it made no difference with her happiness.

her happiness.
Tell her to be a good sport, to forget all about that "mental hazard" as a golfer should.

Seen In the Markets

PVERYONE is interested in fruit these days. It may be that the hot weather has given tacit suggestion of the cooling quality of fruit acids. It may be that the cheapness and quality of the fruit has proved a temptation.

tion.
Surely there is a wide variety of choice, with plums, pears, peaches, several kinds of grapes, watermelons, cantaloupes, damsons, and others waiting be bought and

Concord grapes are sold by the pint and quart boxes, the familiar carrier with the wire handle being reserved for times when the supply is greater. The average price is 10 cents a box.

Peaches vary in quality and price. Some for 15 cents a quarter of a peck are seen, of the free-stone wariety, but they are oversipe and would have to be used at once, for certain dark spots on the skin threaten rot within a day or two.

Other peaches, so huge that they would be beautiful camied if they could be crammed into jars, are 30 cents a large basket.

Hothouse pears are still priced at 30 cents a box, though the homegrown varieties are selling at 15 cents for a box of the same size. Seckel pears have not arrived in any great quantity as yet.

Eew people know that it is cheaper to buy limes than lemons just now. Limes are seelling at 20 cents a dezen, lemons at 25 cents. The flavor of the lime is more concentrated

The best corn to be had in the markets sells for 20 and 25 cents a dozen ears. This price seems a triffe high for this time of year. but the corn sold for it is tender and free from rot.

Sweet green peppers are 5 cents a

Green string beans are again cheap They cost 5 cents a quarter of a peck.

Beefsteak tomatoes are 10 cents a

RECIPES

Candied Sweet Potatoes. 4 large sweet potatoes.

1 tablespoon of butter.
Salt and pepper.
1 cup of New Orleans molasses.
Peel and slice lengthwise four large

For Cooking

By ISOBEL BRANDS.

By ISOBEL BRANDS.

WHEN I looked over my pantry shelves preparatory to doing the marketing this morning, I made the sudden discovery that I hadn't any baking dishes or pie tins large enough or self-respecting enough to use for our company dinner. When we started housekceping I laid in stook enough tooking utensils to onver our needs for some years to come, but I stopped short on the variety of utensils, and large sixes were out of the question.

And so now that I need to prepare a larger quantity, I simply had to go out and buy one or two additional right size casserples. I've grown into the habit of casserole cooking for every possible occasion. I think food tastes better to serve it in the same dish that you cook it in, and certainly it keeps at the right temperature better than If you have to transfer it to another dish, even if it's a heated serving dish. Moreover, it saves dish washing when you use one and the same dish for cooking and serving, and these china cooking utensils are easier to clean than metal pots and pans.

Asked for Baking Dish.

Asked for Baking Dish. But when I asked for a baking dish the capable looking saleswoman show-ed me what looked like a glass bowl. I

ed me what looked like a glass bowl. I looked at her astonished, and corrected her gently. "No, what I want is a baking dish." I explained, "not a glass bowl."

She smiled, and then showed me quite an assortment of glassware which she assured me were all baking dishes. It seemed that these baking dishes are shade of a specially prepared glass, and for this reason they can be used in the oven just like any earthen ware or metal baking dish.

"But what is the advantage?" I asked. It seemed to me that there must be a generous amount of breakage in the use of such ware, and as its cost is about the same as ordinary earthen ware I couldn't see for myself the profit in buying it.

couldn't see for myself the profit in buying it.

Then she showed me some casserole
of chicken that had been baked in the
glassware, and I understood immediately. For serving purposes, the glass
baking dish is the prettiest ware one
possibly could get. The steaming food,
just as it is removed from the oven, is
more appetising than it could be made
with any amount of garmishing.

In addition, it seems that this ware
has several other advantages. It is supposed to have fuel, because these glass
dishes heat much more quickly than
any other ware. 'Also one doesn't need
any special silver or other ornamental
container, as one has to with some of
the solid plain ware. The glass doesn't
absorb any odors, not even that of the
plebian onion, and it doesn't chip like
some kinds of china baking utensils do.

Easy to Clean.

Easy to Clean. But when I used the glass custard cups at luncheon, just as an experiment, I'found that the best part of this ware is the dish-washing act. Food seems to melt o ffthe smooth glass surface—yes, even that hardest and most obstinate clinger to dishes, eggs. It's the easiest cooking utensil I've ever tried to wash. One can get bread pans and ple plates and casseroles, and almost every kind of baking dish in this ware, and I've a decided temptation to acquire a set, bit by bit. But when I used the glass custard

(Copyright, 1916, Newspaper Feature Service. sweet potatoes. Put into a covered saucepan with a tablespoon of butter, sait and pepper to season, and enough water to moisten. Steam until tender, drain, and put into a buttered baking dish. Pour over one cup of New Orleans molasses and bake until the inclusive candles on the potatoes. Serve in the same dish.

Fruit Punch.

1 pint of grape juice.
1 cup of lemon juice,
1 cup of orange juice.
1 cup of pineapple syrup.
1 cup of raspberry syrup.
1 pint of ginger ale.
Large piece of ice.
2 cups of chopped fruit.
Bugar syrup to taste.
Mix all the ingredients except the fruit, ginger ale, ice, and sugar syrup. Then sweeten to taste, using the sugar syrup, add the fruit and the ginger ale, place the ice in a punch bowl and add the punch.

Times Pattern Service

Glassware Best Only Woman Cartoonist in America Draws for Suffrage Your Powers of Digestion



Mrs. Nina Allender, of the Congressional Union, Has Invented the Suffrage Girl to Carry the Purple, Gold, and White This Fall During Campaign.

O you know the suffrage

A winsome young thing she is-sweet, serene, irreproachably dressed; a maid with a quick smile and capable hands.

If you do not chance to have met her in the highways and ways of Washington, she will greet you from every lane and thoroughfare of your home town, when you go home to vote.

Wherever a billboard shows a flash of purple, of gold, and of white, she will be there, with a welcome and a reminder.

The suffrage girl's mother is Mrs. Nina E. Allender, cartoonist, and the girl, with her equal

TN THE class of serviceable gar-

may put this apron. Cut in one

piece with a yoke facing; other

features of interest are: The front

closing, elastic at the waistline so

evenly divide the fullness and a

diagonal pocket with a stitched

trimming band to match the yoke

facing and the sleeve finish. You

can make this in an hour-it will

Pattern is cut in sizes 36 and

To make in size 36 will require

serve you for months.

40 bust measure.

(SIZE MUST BE PUT ON COUPON.)

THE TIMES PATTERN SERVICE

Name

SIZE DESIRED...... City and State

Number and Street.....

ments, attractively made, we

MRS NINA ALLENDER Cartoonist for "The Suffragist,"

banner of the Congressional Union in the campaign. franchise regalia, is to appear as often as the emblems of the Democratic a n d Republican

Mrs. Allender is believed to be the only woman political cartoonist today. There are numbers of women like Nell Brinkley and Rose O'Neill, who draw cartoons of other types. The members of the Congressional Union claim that they have in their cartoonist the sole representative of a profession that may be more widely adopted

whose Suffrage Girl will carry the

later. Back in 1913 Mrs. Allender came to Washington, after a strenuous campaign in Ohio. That was the year when the Congressional Union first moved its headquarters to this city, making it the center from which its activities sprang.

Just about then the union began to publish the Suffragist, a weekly magazine devoted entirely to suffrage. Mrs. Allender's cartoons on various phases of the suffrage situation began with the early issues. They have been identified with the

publication ever since.
All through the time when the Shafroth-Palmer bill was up for discussion, and suffragists faced the possibility of having suf-frage disposed of by the States according to the proposed initia-tive and referendum amend-Copyright, Harris-Ewing.

Mrs. Allender Has Drawn Cartoons for "The Suffragist" for Years, Practical-

gist" for Years, Practically Since the Beginning of the Magazine, and She Is One of a Kind.

NCE upon a time there was a hard working youth. He was the city, and she had never known a hard working youth. He dame to the city from the small town and "worked himself up" He denied himself many things in order that he might have a little "nest egg". In the bank, He was the kind of chap that never watched the clock wherever he was employed. He did what had to be dens and took an interest in his work.

Therefore every time a good man was needed for a better place he got it. Finally he became a juntor partner in the firm for, which he had worked so faithfully.

Now the suffrage girl is her latest idea. Clever posters, in the suffrage tricolor of purple, white, and gold will be put on fences and billboards all over the country. The same idea was tried in the New York campaign last year and proved immensely successful. This year's posters will be much more widely dis
Therefore be could direct others to do the work is had done. This is one thing that is not always recognised. The most successful directed themselves. Having successful have been directed themselves. He went out some looking about to enjoy life a bit. He went out some joined dinner parties, and investigation. (Copyright, 1982.) will be much more widely distributed.

In addition to these, the suffrage girl will appear in the Suffragist cartoons in connection with steps in the Presidential campaign as it advances.

One of her latest cartoons, that used in the Suffragist for August 5, shows the gay suf-frage girl riding the G. O. P. elephant, who is trotting on with the suffrage banner waving from upraised trunk.

Should you be confronted, this November, by a girl in a purple silk sweater, a yellow and white striped skirt, and a broad sailor hat, you will recognize her at once, for it will be none other than Mrs. Allender's own suffrage girl.

How Joy and Repose Aid And Worry Impairs It

By DR. LEONARD KEENE HIRSHBERG.

the enemy as an effective means of activating the muscle power and fighting instinct of the animal, man.

There are at present in the human anatomy a number of potential ammunition factories, called glands, in whose confines are manufactured adrenin, thyricoldin, tethelin, pituitrin, thymin, and other particular products.

The Body Is Prepared.

Ordinarily in an easy-going existence the output from these gland factories is just enough to meet the unimportant variations of life and motion, pain amd pleasure, reason and feeling. The instant, however, that some emergency presents itself which calls for rapid defensive and offensive measures by muscle, nerve and mind, the reserves of the glands are turned aside from the peaceful pursuits of digestion, habit and reflection and concentrated upon the struggle that must be made. Then occurs a speeding up of the adrenal glands and the outpouring of adrenin into the blood rivers. This is accompanied by a rapid motion of the heart and the muscles as well as by the simultaneous ap-

MAN'S feelings and his reason may be at logserheads; his motions may be contradicted by his emotions; yet the one may be the balance wheel of the other.

The motions of the stomach and all-mentary canal may be checked with the suddenness of an emergency brake by the appearance of the emotion of worry, anger or chagrin. On the other hand, he motions of the digestive tube may be augmented and argravated by the emptions of fear, surprise, or some unpleasant excitement.

The formation of tears, saliva, bile and the gastric juices may be abruptly choked off if rage, pain, fright, or some other violent feelings assert themselves.

Fury and hatred are emotions which man and animals have acquired to strengthen their will and muscles in the fight for existence. Military suthorities have played up this psychological fact. Militarism in its efficiency methods applies psychology to stir up the emotion of hatred and rage against the enemy as an effective means of activating the muscle power and fighting instinct of the animal, man.

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FABLES OF EVERY DAY FOLKS

By SOPHIE IRENE LÔEB. THE FOOL THAT WAS.

about to enjoy life a bit. He went out some, joined dinner parties, and indulged in little social times generally.

Meets Interesting Girl. On one of these occasions he met a girl. She was a very pretty girl, She came from a nice family, but she had always lived in the city and naturally loved city life. That is, she was fond of the theater, the restaurants, caba-

rets, etc. She was a very knowing stri . also.

She was a very knowing girl also. She saw that the youth was a partner in a good business. So she beamed brightly upon him.

He was attracted. He danced attendance upon her. He took her wherever she wanted to go. Nothing was too good. Let her mention something she wanted in the way of pleasure and he arranged it. Often he would ANTICIPATE her wants.

Every day he grew more attached to the girl. She had such winning ways and coyly told him how much she cared for him. He looked upon her as the future mistress of his heart and home, and so it was generally understood among her friends.

Her family was pleased. When they finally became engaged he was more devoted to her than ever. He showered expensive gifts on her, because he knew how SHE would delight in them.

Comes Now a Poet.

Comes Now a Poet. But, alas! and another alas! one day poet from the hills came to town. He had long hair and soulful eyes but not a penny in the world. In fast, he scorned money and the worldly world. Life meant more than filthy lucre, he told his Bohemian friends while he ate his lettuce sandwich. He met the girl. As stated, she was oung and pretty. He had never known

(Copyright, 1916.)

What Women Are Doing

Miss Adeline Van Buren and Miss Augusta Van Buren, sisters, of New York, are starting a trip by motorcycle from their home city to San Francisco.

Mary Putnam Jacobi was the first woman admitted to New York medical societies and among the first received into the American Medical Association.

It is claimed that Miss Carlotta Rip-ley, typist for the Portland, Ore. Chamber of Commerce, is champion of the United States in her profession.

In order to regulate the attendance of younger girls at Cleveland dance halls, all who apply for admission are now required to produce birth certificates.

A group of 800 New York women is ready for active service in Mexico if their assistance is needed.

Mrs. Matthew Astor Wilks, the daugh-ter of the late Hetty Green, will in-herit her mother's estate. She is not fond of society and lives a quiet life.

Miss Gloria Gould, ten-year-old daugh-ter of George J. Gould, was authoress of a benefit play given recently. She also managed it and played the leading role.

Mrs. C. A. Rugg, of New York, has organized a Sunset Club, whose mem-bers must be at least sixty and anxious to learn to tango. Branches are to be established throughout the country.

Movie Actresses and Their Hair

Did it ever occur to you that every

movie actress you have seen has lovely hair, while the most popular count their curis as their chief beauty? In fact (this is a secret), many are leading ladies just because of their attractive looks. Inquiry among them discloses the fact that they bring out all the natural beauty of their hair by careful shampooing, not with any soap or makeshift, but with a simple mixture which they make up for themselves by putting a teaspoonful of eanthrox (which they get from the druggist). in cup of hot water and applying this instead of soap. After its use their hair dries rapidiy, with uniform solor. Dan-druff, excess oil, and dirt-are dissolved and entirely disappear. The hair is so fuffy that it looks much heavier than it is. Its lustre and softness is delightful, while the stimulated scalp gains the health which insures hair growth.

Teach Children To Play

One Mother Tells of Pangs Caused By Inability to Mingle With Her Set Because of Lack of Athletic Training.

By LAURA CLAWSON.

By LAURA CLAWSON.

"Aside from the inconvenience of having constantly to refuse invitations as I watched the youngsters are the coupon and enclose 10 cents in stamps or coin. Address Pattern Department, Washington Times, Munsey Building, D. C.

The Washington Times guarantees the delivery of all patterns sent through this service. No patterns can be obtained in person.

One week is needed for the filling of pattern orders. If patterns do not come within that time, notify this office for adjustment.

PUT ON COUPON.)

TTERN SERVICE

August 22.

State

By LAURA CLAWSON.

"Aside from the inconvenience of having constantly to verfuse invitations as I watched the vacungsters are the found in the mass watching every move, I is an interest that has big affect of exercise and of the physical effect of exercise and of the physical effe 35/8 yards of 36-inch material

Encouragements Expectant Mothers. wants, or desires. Make known your and by all means keep "Mother's Friend" nearby, for in It you can put complete confidence and reliability as a means of assisting nature in accomplishing its wonder-

ful work of preparation. "Mother's Friend" soothes the distressing pains and gives relief from morning sickness, as well as makes an easier de livery. Get a bottle at your drug gist-use externally-and note the satisfaction raceived. A free book on Motherhood will be sent all mothers. Write for one. Address

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